

JIM'S MONDAY MINUTE

MARKETING - INSPIRATION - LIFESTYLE
FOR YOUNG LIVING DISTRIBUTORS

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Protecting Your Family Against Lethal Infectious Disease

Hi everybody, and welcome to this week's edition of Jim's Monday Minute, the Internet radio show produced exclusively for the benefit of Young Living Essential Oil Distributors and friends. My name is Jim Lynn, your host for Jim's Monday Minute. This show was produced on Monday, April 3rd, 2006.

Jim's Monday Minute covers a wide range of subjects from marketing to lifestyles. Sometimes our shows just entertain, but this edition of Jim's Monday Minute is on the serious side. Its message is urgent, and is directed to every parent with young children.

In fact, its message is so urgent; I hope you'll help spread the word. The easiest way to do that is to simply save a copy of this podcast, and then email it to every parent you know. Yes, It's that important, and I thank you.

As a father of two wonderful kids and grandfather of four, I want to talk with you about protecting your family against lethal, infectious disease. I remember how I felt whenever my kids got sick growing up. My heart broke over and over whenever I had to watch them suffer. So I know how your heart must feel whenever you see your children suffering from a sudden illness. This is why I'm so eager to discuss the subject with you: To give you information that can help you avoid an inevitable, unspeakable horror.

There's an infectious disease outbreak headed toward your family. The outbreak is inevitable, and, it will be deadly. The good news is that you can safeguard your family against it, and I'm going to give you clinically proven information on just how to do it.

Please take time to listen closely, then pass this broadcast along to other parents...Do it for the sake of the children.

In just a moment, I'm going to tell you how you can get rare photographic images of a most amazing sight, one that every family on earth should see: The death of an antibiotic-proof, killer bacterium and more importantly, what it was that killed it.

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The photo's offers microscopic, visual proof that you can protect and save your family from deadly infectious disease.

This lethal bacterium has already killed millions of people, and now threatens your family. But the photographs prove that you can safeguard your family against it. I'm telling you now but will tell you again at the end of this broadcast, because the more you hear about it, the more you're likely to remember and will want to see these photographs. More on the photographs later: Right now...

Imagine having your foot caught between two rail ties with a train rushing toward you? The train is so close you can hear its horn and the whirring sound of its diesel engine. You're in its path and there's nothing you can do to stop it. Alarming thought, isn't it? Sometimes we need be frightened like that, to be shaken out of our slumber.

My hope is that this broadcast will do just that...Shake you awake while there's still time for you to take action...because there really is a train approaching, but it isn't on the tracks. This train has taken aim at your family...It's deadly and its arrival is just moments away.

We're living through a health crisis of mind-boggling proportions: Infectious disease is on the move! If the problem were isolated to one virus, one bacterium, we'd be fortunate. Unfortunately, several infectious disease scenarios are unfolding that seem destined to all hit home at the same time.

Fueled by antibiotic overkill, trust in the pharmaceutical industry, the ever present danger of viruses and antibiotic resistant bacteria called super bugs, and lack of awareness, we stand poised to witness one of history's largest population calamities ever recorded.

The thing that makes this all so sad is not that we must face this crisis, but that so many millions of families will lose loved ones needlessly. Government and health officials can only be relied upon to echo the status quo, and will not protect us or provide the answers we need. In fact, their assistance in the matter is only going to deepen this pending tragedy.

Infectious diseases, once thought of as being conquered, are coming back with an unstoppable vengeance. Antibiotics, those modern-day so-called wonder drugs, have lost their punch. That's because the bugs have learned how to beat antibiotics by changing their genetic make-up. After all, their purpose is the same as ours: They want to live and survive. With their survival instincts in full swing, harmful bacteria and viruses of all kinds are mutating, time after time, to render the latest drug weapons useless.

To give you an example: You know those new antibacterial liquid soaps on the market? Would you believe many forms of bacteria have already become resistant to them?

The magnitude of the problem is startling. At least two dozen harmful kinds of bacteria have developed total immunity to one or more antibiotics. Some bacterial strains, like the bacteria that cause tuberculosis, are resistant to over a 100 different drugs.

Other strains of bacteria that cause many childhood diseases like meningitis, scarlet fever and pneumonia are fast on their way to becoming totally immune to drug intervention. The possibility that these common childhood diseases might one day become totally unresponsive to treatment is a parent's worst nightmare.

The problem is very real. According to a USA Today report, dated Sept 17, 1998, some 19,000 people died in 1992 from bacterial infections that could not be treated with antibiotics, in 1997 that number climbed to over 60,000. This ranks untreatable bacterial infections as the 7th leading cause of death in the U.S.A.

The morbidity number just keeps climbing. This is why you need to be informed, to learn what's happening and what kind of action you need to take in your home to protect your family.

In any given year, flu viruses kill 20,000 to 30,000 people in the United States. But in 1918, a swine-based influenza outbreak killed more than 25 million people worldwide. At its peak, it was killing 250,000 people a day in the U.S. alone. A 1957 outbreak of an Asian flu strain caused 100,000 deaths. And in 1968, a Hong Kong strain killed 34,000 in its first few months. Unfortunately, the vaccines that were used against these latter viruses were of low potency and did too little too late. The viruses essentially were unaffected by human intervention.

The nature of influenza viruses' is that they are constantly evolving. That we have gone so long without a major new viral strain outbreak, suggests to experts that we are long overdue.

Stephen Morse, director of the program in Emerging Diseases at Columbia University's School of Public Health said this: "We all have the emotional sense that we've been lucky so far. And I think everyone feels that, you know, it's there...it's brewing. What's tragic is that we cannot predict it...We're all waiting."

Dr. Robert Webster, a virologist at St. Jude Children's Research Hospital, believes the 1918 outbreak was a babe in the woods, compared to what has been dubbed the "doomsday flu" he and his fellows are waiting for. He also believes it is imminent.

Nobel Laureate Joshua Lederberg, who won the Nobel Peace Prize in Medicine, believes there are MANY new viral strains in the evolutionary pipeline, and that there is every reason to believe one or more of them will make the record books. Again...This why you need to be informed, to learn what is happening and what kind of action you need to take to protect your family.

You now something? We live pampered lives, don't we? We lounge, watching on average over 5 hours of television a day. We live our lives as though there is no tomorrow. If we have a problem, we expect it to be fixed within 30 minutes, because that's how long most TV sitcoms take to solve problems.

We have a wide selection of foods to choose from, but choose out of convenience to eat "fast" foods, foods which lack nutrition, and are loaded with calories and chemicals. When we go grocery shopping, we expect to see the shelves stocked with food. When we drive our cars, we expect to find gasoline at any gas station. If we need cash, we expect the ATM machine to dispense money.

When we get up in the morning, we expect our body to be in good health. But when we do get sick, it shouldn't come as a surprise that we expect doctors, health clinics, or the government to take care of us and make us well.

We're pampered souls all right, and spoiled so badly, we've lost sight of reality in many cases. Not only is the general public unaware of any health disaster on the horizon, they would have a hard time grasping it, even if it was explained to them. Really bad news doesn't click, not even for the bird flu we've heard so much about. It's as though the public has filters that screens out what it doesn't want to hear.

It has never dawned on the populace at large that the spread of infectious disease is on the increase and out of control; that it's racing like a runaway freight train about to explode on the world scene: And no doctor, health clinic or government will be able to stop, prevent or control it.

Few health officials have publicly stated it, but from all published accounts, we seem to be headed on a collision course with either a doomsday flu virus, or one or more super bugs no longer subject to antibiotics...or both. The question isn't one of if, but when.

People who rely on the nightly news to warn them about timely health information will be too late. Viruses and bacteria travel faster than TV news, and can jump time zones as easily as flying coach rate. When it happens, people will feel fine one moment, sick the next, and be dead by the following morning. It can and will happen just that fast. For many others, they'll suffer a lingering illness before death overtakes them.

And so it is that one day in the near, foreseeable future, the world's populace will watch helplessly, as the specter of death moves across the land from house to house, taking loved ones from families without regard to color, wealth or position.

Government health officials will not be able to stop it, but you can! This horror does not have to happen to those who know: To those who are prepared.

Viruses, bacteria and fungi may have so called "modern" medicine over a barrel, but not so for a little known research laboratory tucked away in Utah, and a dedicated researcher named Sue Chao. Her clinical findings will stand the world's health community on its head, but unfortunately, not before many millions more people are needlessly killed.

As a side note: One reason there'll be such a high death rate has to do with money. Antibiotics and vaccines, though largely useless in an outbreak, represent a multi-billion dollar a year business. Pharmaceutical drug companies intend to keep their market share, regardless of our misery, and will use their influence to insure AMA and government run clinics use their products to fight an outbreak.

But Sue Chao has good news. She reports when certain essential oils are sprayed or diffused in an enclosed atmosphere, a killing zone is created in which no known airborne infectious pathogen can survive.

Now if you are unfamiliar with essential oils, they are to plants what blood is to a human being. They are the plants life force. If you've ever cut the stem of a plant and noticed how it oozes a liquid, that's the plant's essential oil. Many of these essential oils are clinically proven to be therapeutic; meaning that they have antibiotic, antiviral, and anti-inflammatory properties.

Even better, essential oils work synergistically with the human body, and have the unique ability to penetrate cell membranes, traveling throughout our body's blood stream and tissues. They also enhance the body's electrical energy field. Best of all, you do not need a permission slip from your doctor to buy or use them.

The oils Sue Chao tested proved to be deadly against "super bugs," those antibiotic resistant bad guys. Keep in mind we're talking here about bacteria species like *Streptococcus pneumoniae* which is already immune to 35% of available drugs, killing thousands of people every year. This is the very bug, which causes large cases of pneumonia, sinusitis, meningitis and middle ear infection in millions of households annually, yet simply self-destructs when exposed to certain essential oils.

Additionally, in tests conducted in France by a Professor Griffon, the Director of the French Police Toxicology Laboratory, the antiseptic effect of a blend of essential oils was studied in order to test the ability of the oils to purify the air of harmful disease-causing bacteria. The oils used in the test included pine oil, thyme oil, peppermint oil, lavender oil, rosemary oil, oil of clove and cinnamon oil. Professor Griffon set up a number of Petri dishes a few inches above the floor in an open room, allowing them to stand for 24 hours; the germs from the air being collected naturally as they settled onto the Petri dishes. After 24 hours Professor Griffon analyzed the dishes. He found they contained 210 colonies of various microbes, including molds and staphylococci. He then sprayed a mixture of essential oils in the form of an aerosol into the air in the room.

After only 15 minutes, only 14 colonies of microorganisms out of the original 210 were left alive. After 30 minutes, only 4 colonies of the original 210 were left. Most importantly, all of the potentially harmful disease-causing molds and staphylococci had been killed within the first 30 minutes.

That microbes mutate and become immune to drugs is well known. However, what is not well known is: No infectious disease-causing microbe has ever been known to mutate against essential oils. This is exciting news if you are raising children.

Essential oils have proved to be superior and safer than antibiotics and vaccines. As word of this information spreads, it's only a matter of time before essential oil therapy becomes the therapy of choice for families in the 21st century. The good news is essential oils are available now, and most importantly: They work!

Knowing this, you can turn your home into a pathogenic killing zone:

The quickest, most effective, clinically proven method to knock out airborne infectious pathogens is to diffuse essential oil in the atmosphere of your home, creating a micro-fine vapor or spray. Because these molecule size vapors are so light, they remain suspended in the air for up to several hours, killing airborne viruses, bacteria and fungus on contact. The more the oils are diffused, the greater their killing power.

You already know diffusing isn't going to stop contamination outside of your home, but consider this: Once within the killing zone of your home, everyone, pets included, will inhale these essential oil vapors as they breathe.

When the oil vapors reach the interior of the respiratory tract, the chemical molecules of the oil go to work against invaders and penetrate into the blood stream. This is especially important because the act of breathing draws in diffused oil, which follows the same respiratory path as pathogens do. In this manner, the whole body benefits as the oils kill invaders attached to the inner

respiratory lining and within the blood stream. They work synergistically with the body's own defenses: A wonderful natural healing modality.

The most common diffusers consist of an aquarium air pump, an oil reservoir and glass nebulizer connected together with flexible air tubing. The pump can be set on the floor, countertop, or on top or under a table out of sight. Many people hook diffusers up to a timer, which turns the diffuser on and off automatically. A good diffuser will be easy to disassemble and clean.

There are many diffusers on the market, but you want one that will cover large areas of your home in a hurry. Avoid the novelty diffusers that only work in small areas. An investment in a good diffuser that covers up to 1200 square feet of living area will run about \$130.

Now here are some helpful tips:

Diffuse essential oils every morning and afternoon. Diffuse them before the kids head off to school. This will place essential oil vapors into your children's respiratory tracts and provide them with a kind of protective shield. Diffuse in the afternoon after they return home from school to kill any airborne pathogens on their clothes, or from those pathogens they may have recently inhaled. Do this faithfully, and you'll soon notice a big difference in the overall health of your children, as well as yourself.

I diffuse essential oils from Young Living Essential Oils called Thieves and Purification. These oils are highly therapeutic and noted for their ability to cleanse the air and respiratory system of pathogens.

Now look, I am not trying to say diffusing essential oils will keep your kids from ever coming down sick with an infectious disease. What I am saying is that you can prevent many sickness from happening that would have happened, had you not had a diffuser running in your home.

A consensus of thought from thousands of parents who do diffuse essential oils on a daily basis is that their children recover about 70% faster when they do get sick, then they would have had they not run a diffuser.

The important thing to remember is that the more often you diffuse, the less chance you stand of ever having to face a potentially deadly situation. In the case of an outbreak, the value of diffusing is priceless.

As a point of reference...There are hospitals reportedly in England and France that routinely diffuse essential oils in their facilities as a means to control the spread of infectious disease. Here in the U.S.A., hospitals do not diffuse

essential oils, but rely heavily upon antibiotics and other chemicals to keep patients free of infections.

As a result, American hospitals have phenomenally higher death rates than their European counterparts. I'm talking about infections that patients received after they were admitted. You should also know where European hospitals have instituted diffusion of essential oils, their infectious death rates plummet downward.

Microscopic photographs taken during Ms. Chao's clinical trials offer the kinds of dramatic proof parents want to know about. Clinical data is one thing, but detailed, microscopic photographs showing both before and after close-ups of lethal microorganisms give assurances people can relate to.

Remember the Streptococcus Pneumonia bacterium I mentioned earlier that has killed millions of people. I want you to see what physically happens to this killer when it comes in contact with essential oils. I want you to see for yourself: Visual proof that essential oils really do kill these antibiotic-proof pathogenic killers.

If you are listening to this broadcast from our website, there's link on this page that will open to these photographs. Otherwise, open your web browser to:
Jimsmondayminute.com/photos.html

I've recorded a short message there that explains the photos.

The world is moving toward a dooms day flu virus, an infectious disease pandemic, or both. It will happen. It took me a long time to realize what health officials have been saying...That it's only a matter of time, and that there is nothing that can stop or prevent it. But there is an answer, and a way to beat it.

I appeal to you. Turn your home into a pathogenic killing zone. Make your home a place of refuge from the outside world of infectious disease.

From my home to yours, thank you for caring. Please forward this broadcast to other parents. They'll thank you for it.

Before the show concludes, I'd like to squeeze in a few comments sent in from listeners.

Dorothea in South Carolina writes: "I really enjoyed your show and feel it will be most helpful. Thanks so much."

Deborah in Banning, California wrote: I give your Do Not Play Doctor show an A+, Fantastic! I learned so much. I look forward to every taped show. Thank you for sharing.

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If you'd like to drop us a comment, do so by clicking on the Ask Jim link located on our home page. You are welcome to either type your comment on the Ask Jim link, or use our special call in phone number to record your comment. I'll do my best to include them in a future Podcast.

Well, this concludes Jim's Monday Minute for April 3rd, 2006.

Information offered on Jim's Monday Minute is for educational purposes only and is not intended to diagnose, treat or make claims of curing disease of any kind. The decision to use, or not to use, any information discussed herein is the sole responsibility of individual listeners.

For what it's worth, essential oil related therapy predates the American Medical Association and Food and Drug Administration by at least 6,000 years. You decide!

You alone are responsible for your own health, not the AMA, FDA or your physician.

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We'll close out today's show with this thought from Michael Jordan, one of Basketball's all time great and inspiring players, who said, "I have failed over and over. That is why I succeed."

Until next time, this is Jim Lynn saying, Stay well and profit.

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